

Physical Therapy & Sports Care



Lake Country
Physical Therapy & Sportscare, PC

The Chosen Spot in Canandaigua

Serving Our Community for More Than 25 Years.

About

Founded in 1987, Lake Country PT specializes in orthopedics, offering physical therapy pain management and rehabilitation for acute and chronic injuries and conditions. They also specialize in sports training and enhancement programs and individual exercise instruction and coaching.

What Makes Lake Country PT Special

Lake Country is a privately owned clinic that delivers personalized attention based on an individual's needs. Patients receive consistent and quality care from the same therapist. Because early intervention speeds recovery, they offer prompt scheduling within two days of inquiry.

Services and Specialty Services

Their expertise is in the areas of orthopedics, spine care, TMJ, sports injuries, incontinence, pelvic pain, osteoporosis, pregnancy, fibromyalgia, women's health issues, age or gender-specific problems, post surgical recovery, vertigo/balance problems and treatment of work and motor vehicle-related injuries.

What People Say

"Best, most professional service anyone could ask for. Friendly and most courteous. Highly recommended to my PCP!" L. Cuthbertson



Lake Country PT and Sportscare, PC
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